Prestige Gymnastics

2017 Summer Team Gymnastics Camp

Our Team Camp focuses on developing new skills for both High School and USAG team athletes

BONUS: Pool time at Marshall Aquatic Center and Pizza Party on Friday!!!

Cost: $239/5 day camp

Camp Weeks:

- June 5 – 9
- June 12 – 16
- June 19 – 23
- June 26 – 30
- July 10 – 14
- July 17 – 21
- July 24 – 28
- July 31 – Aug 4
- Aug 7 – 11
- Aug 14 – 18
- Aug 21 - 25

Example of Typical day:

9:00 - 9:45	Warm-up/Tumbling
9:45 - 10:30	Rotation 1
10:30 -11:15	Dance Class
11:15 -12:00	Rotation 2
12:00 -12:30	Lunch (Bring Healthy Sack Lunch)
12:30 -1:30	Stretch/Dance Class
1:30 - 2:15	Rotation 3
2:15 - 3:00	Rotation 4
3:00 - 4:00	Game Time
4:00 - 4:30	Open Gym

Parents are invited to attend showcases on Fridays at 3:30 p.m.

Register early as space is limited

For more information call 507-865-5162

106 E Railroad Street, Lynd MN

www.southwestschoolofdancemn.com

USA GYMNASTICS.

Summer Recreational
Gymnastics Camp 2017

Prestige Gymnastics

USA GYMNASTICS.